



St. Catherine's Catholic School

Policy for Relationships and Sex Education (SRE)

Policy agreed by	Governing Body
Policy reviewed by	Judy Strong
Last Review Date	June 2017
Review Cycle	Every two years
Next Review Date	June 2019

**St. Catherine's Catholic School
Policy for Relationships and Sex Education (SRE)**



**ST CATHERINE'S CATHOLIC SCHOOL
MISSION STATEMENT**

Life Faith Love Strength Unity Joy Togetherness Belief Success

ST CATHERINE'S
CATHOLIC
SCHOOL
aims to:

Be a vibrant, inclusive, Catholic community where there is mutual love, service and respect.

Offer opportunities to everyone on their unique journey to nurture their strengths and potential.

Encourage everyone to positively serve our society and the world by living our Gospel values.

Celebrate and empower women of the future.

1. Aims

From these we derive our purpose in relationships and sex education which is:

- To provide an education in building relationships and learning about sexuality which reflects the gift of life and love; the centrality of Christ and his teachings; and contributes to growth in faith
- To offer programmes of learning which will inform decision-making and empower each student to make wise and compassionate personal, moral and social choices

2. Principles

- 2.1 To provide a positive and prudent education in matters relating to building relationships, and relating to sex and sexuality
- 2.2 That the sex education programme is the responsibility of the Governors, Head Teacher and Senior Leadership Team in consultation with the Subject Leaders of Religious Education & Science, the Chaplain and those with responsibility for Citizenship and PSHE
- 2.3 That the school provides education about human relationships and a sex education programme which will enable students to develop an understanding of and sensitivity to, their own and others' relationships and sexuality. This will help foster positive self esteem; and create opportunities for students to deepen their knowledge and consider their own attitudes and behaviour, in the light of Gospel values and the teaching of the Catholic Church
- 2.4 To teach that we are created in relationship with others, primarily with God the Father, and with the whole human family
- 2.5 To teach that sexual love is part of the creativity we share with our Creator God
- 2.6 To teach what is required by the National Curriculum
- 2.7 To teach about relationships and sex education in the context of British values of respect, tolerance, fairness and the rule of law
- 2.8 To prepare students for adult life, marriage, family life and the responsibilities of parenthood in the context of the faith
- 2.9 To be delivered in a positive and secure environment to facilitate discussion, reflection and critical thinking, and for promoting and enjoying personal relationships based on mutual respect, dignity and responsibility

3. Purpose

The relationships and sex education programme is intended:

- 3.1 To provide knowledge for understanding human reproduction and the physical and emotional developments of puberty and adolescence so no student is in ignorance and students know how to keep themselves safe
- 3.2 To provide a Catholic Christian context for this knowledge
- 3.3 To provide opportunities to explore and understand the implications and consequences of close relationships, intimacy and the role of motherhood in the modern world
- 3.4 To engender respect for the beliefs, values and cultures of others concerning relationships and sexuality within the Catholic Christian context
- 3.5 To provide a safe, sensitive and supportive climate for uncertainties, concerns and anxieties to be expressed
- 3.6 To empower students to manage peer, internet and media pressures about relationships and sexuality
- 3.7 To give a clear understanding of the arguments for delaying sexual activity

- 3.8 To ensure students understand how the law applies to sexual relationships
- 3.9 To teach what is required in the National Curriculum so that our students have knowledge of eg sexually transmitted diseases, medical ethics and birth control methods, which are delivered alongside Church teaching

4. Method

Relationships and sex education will be:

- 4.1 Taught in the Science curriculum for KS3 of the National Curriculum and through the KS4 GCSE specifications
- 4.2 Taught in the RE curriculum in accordance with the Catholic Bishops' Directory, through the sacrament of reconciliation, assemblies, liturgies, the retreat program, the intervention of counsellors and the Chaplain, the Peer Mentors' scheme and other practices such as Restorative Justice and the Rainbows program, as well as through the RE SA KS3 programs of learning, and the KS4 GCSE specification
- 4.3 Delivered on Citizenship and PSHE days through programmes of learning and activities, which are complemented by a Catholic viewpoint
- 4.4 Experienced across the curriculum within the curricula of other Subject Areas

See the curriculum maps in Appendix A

5. Monitoring and Evaluation

The delivery of relationships and sex education will be monitored through the school's measures for self-evaluation:

5.1	SA Monitoring	SLT Imgr & SL	Termly schedule
5.2	Curriculum review	RE Team	Annually
5.3	Exam results', Mock and Track analyses	HT/SLT Imgr/SL	Calendarised
5.4	Evaluation Week activities	SLT Imgr/SL	Annual
5.5	RE SA SES	RE SA Leadership Team & Chaplain	Annual
5.5	Surveys	Students/parents	Bi-annually
5.6	Governors' Curriculum Committee		Periodically
5.7	Section 48 Inspection		

Policy ratified by Governors on _____ signed _____